

Fresh Peach & Apple Salsa



Clean, sweet, crunchy, savory. This salsa has a place in every picnic basket.

Ingredients:

1 apple, cored and diced fine
2 peaches, pitted and diced fine
1 small sweet or red onion, diced fine
1/4 cup fresh cilantro, chopped
1 rounded tablespoon fresh mint, chopped
1/2 lime, juiced
1/8 cup extra virgin olive oil
1 tablespoon maple syrup
sea salt and pepper to taste

Directions:

1. Mix all ingredients together and serve with tortilla chips, garlic toasted baguette, or your favorite Mexican food.

Note:

How fine or chunky do you like your salsa? Let that determine how you dice and chop ingredients. If you prefer a saucier salsa, run half the ingredients through a food processor for just a few seconds (not too long!).